



Palatine Township Senior Center

Recreation • Connections • Social Services

Serving the 50+ community since 1973

505 S Quentin Rd, Palatine, IL 60067
847-991-1112

The Happenings

NEW look, SAME great information!

A quarterly publication to keep you informed about what's happening at the Palatine Township Senior Center.

July - September 2026

Serving 50+ Active Adults for over 50 YEARS!



Diane Lancour
Executive
Director

"Direct"ly from Diane...

September is Senior Center Month. This September the theme is "Champion your Health". This theme focuses on wellness and independent aging through acquiring information about nutrition, healthy eating and community connections. PTSCC offers all of this information to you - everything from fitness classes, to healthy monthly lunches, to acquiring information about your

best Medicare Part D Plan. And our mission emphasizes "... encouraging independence, well-being and connection to the community". PTSCC is proud to be the Center to offer you so many important life resources and activities. We welcome you to join us and celebrate your life. Bring a friend and share the good times - see you soon!

PTSCC's mission also includes the importance of strengthening the individuals financial options so they can stay independent and connected in the community. We hope you will continue to reach out to PTSCC to help guide you in finding benefits, connecting with friends and discovering new games, events and destinations.

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Front Page News....

A NOTE ABOUT CREDIT CARD PROCESSING FEES

To help offset rising processing costs, a 5% convenience fee will be added to credit card transactions. We truly appreciate your understanding and support, as these fees help us continue providing the programs and services you value most. Thank you for helping us make every dollar go further!

Business hours:

Monday—Friday
8:30am—5:00pm

**ENTER AT THE BACK DOOR #2.
PLEASE RING THE DOORBELL IF
THE DOOR IS LOCKED
AND SOMEONE WILL
ASSIST YOU.**



Our Mission... To provide programs and services which support older adults and their families by encouraging independence, well-being and connection to the community.

Palatine Township Senior Citizens Council does not discriminate in admission to programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitutions. Grievance procedures are available through the Executive Director for any individual who believes he or she has been discriminated against in programs and services.

If you feel that you have been discriminated against, you have the right to file a complaint. For information, contact Diane Lancour at 847.991.1112.



WEEKLY ACTIVITIES

Participation Criteria for Center Activities: Those participating in Senior Center programs must be able to address their own personal needs. Those with special needs are welcome to participate, but must be accompanied by someone qualified to assist them.

You can enjoy the 1st class at No Charge.

Monday

- 9:00am - 11:00am **NEW! Ceramics** \$5 Mem, \$7 Non-mem Join us for special projects!
Example: Easter (Chicks, Eggs, etc.) and Slab Clay Projects. No experience needed. Great fun!
- 10:00am - 10:45am **Chair Yoga** \$3 Mem, \$5 Non-mem
- 12:00pm - 3:00pm **"Mexican Train" Dominos** \$0 Mem \$1 Non-member
Looking for more players,-come and learn!
- 12:00pm - 3:00pm **Mah Jongg** Card cost: \$0 Mem, \$2 Non-Mem
This group is for those who already know how to play the game.

Tuesday

- 10:00am-1:00pm **Bridge** Card cost: \$0 Mem, \$1 Non-Mem (9:30-10:00 free instruction prior to game)
- 10:00am-12:30pm **Social Poker** \$0 Mem, \$1 Non-Mem

Wednesday

- 8:30am-10:30am **T.O.P.S.** Includes weigh-in and meeting Contact Dotty V. for info 847-707-8248
- 11:00am - 3:00pm **Pinochle** \$0 Mem, \$2 Non-mem
- 12:00pm - 3:00pm **Mah Jongg** Card cost: \$0 Mem, \$2 Non-Mem
This group is for those who already know how to play the game.

Thursday

- 9:30am -11:30am **Ceramics** \$5 Mem, \$7 Non-mem
- 10:00am -10:45am **Chair Yoga** \$3 Mem, \$5 Non-mem
- 10:00am -12:00pm **Technology Lab** \$5 Our volunteers will help with your technical needs. Bring your own smartphone, iphone, ipad, or electronic device. Computers are available here.
- 12:00pm - 2:00pm **Bingo** \$1 a card for Mem, \$1 a card for Non-mem + \$1 flat fee
- 2:30pm - 3:30pm **Tai Chi** \$5 Mem, \$7 Non-mem .

Everyday (included with your PTSCC membership)

Billiards Room & Fitness Room available daily from 9:00am - 3:00pm. Call for availability.



Interested in joining the Hiking / Walking Club?

Enjoy nature, the outdoors, and embrace the Chicagoland weather!

Hikes are offered once or twice a week on various days, times and outdoor locations.

A completed waiver is required to participate; contact Diane at dlancour@ptsc.org

Once a waiver is completed you will be on the list to be contacted weekly regarding that week's hiking schedule.



BI-MONTHLY ACTIVITIES

Paper Crafts and Scrapbooking Open Sessions: \$0 Mem, \$3 Non-mem

2nd & 4th Tuesdays of each month, 10:00am -1:30pm, Art Room, lower level.

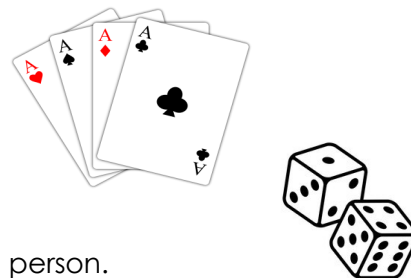
Work on your paper projects with the help of fellow crafters. Check monthly flyer to see if card classes or demos are scheduled. Supplies will be provided. Need an idea? Come by and browse what is available.

Mexican Canasta No cost

1st & 3rd & 5th Wednesday of each month, 1:00pm - 3:00pm

Please call to register, join the group, and learn the game.

They're looking for a couple more players!



Bunco - An additional day!

2nd & 4th Tuesday of each month, 1:00pm - 3:00pm. Fee is \$3 a person.

Latino Social Group

1st & 3rd Wednesday of each month, 10:30am -12:30pm. Fee is \$0 for members, \$1 for Non-members.

Enjoy a variety of activities each month.

Cribbage \$0 Members, \$1 non-members

2nd & 4th Thursday of each month, 10:00am -12:00pm. Come and observe, learn a new game, or just refresh. Contact Diane at dlancour@ptscc.org or call 847-991-1112 x235, if interested in attending. Looking for more players—Come and learn!

MONTHLY ACTIVITIES

Casual Coffee & Conversation Bereavement Group

The group will resume in the Fall on the first Thursday of the month. 11:00am – 12:00pm

September 3, October 1st, November 5th. **Please call Diane 847-991-1112 x235.** No fee for this support group.

LESSONS

Bridge Lessons

A short Bridge lesson will be offered each Tuesday at 9:30am.

You can then sit in and observe when the game begins at 10:00am.



SPECIAL ACTIVITY: DRUM CIRCLE

Tuesday, August 11, 2026

3:00pm - 4:00pm

Join our drum circle led by Nancy Frenk and experience the many proven benefits of drumming and make new friends.

Musical experience not needed.

Suggested donation of \$5 welcome.





TRAVELING LUNCH



This is an excellent opportunity to try a new restaurant with friends! Approximately 20 friends meet the **2nd Friday of each month at 11:30am**. Any members are always welcome! **RSVP to PTSCC at 847-991-1112** by the prior Wednesday so we can include you in the count. We'll make the reservation, payment is on your own.

Friday, June 12 - The Southern Kitchen

818 E Kensington Rd, Arlington Heights 224-935-3277

Friday, July 10 - La Hacienda

21520 W. Field Parkway, Deer Park 847-550-9413

Friday, August 14 - PF Chang

5 Woodfield Mall, Woodfield Dr, Schaumburg 847-610-8000

Friday, September 11 - Honey Jam

2944 W. Euclid Ave, Arlington Heights 847-749-3580



THEMED LUNCHEONS

NOTE: Please refer to the front page regarding credit card processing fees for all credit card transactions.

Mark Your Calendars!

Come join us for a themed luncheon each month to celebrate and enjoy each other's company. Call to register at least 1 week prior to the lunch. Pre-payment due at registration.

Members: \$12 and Non-members: \$15. 10:30am - 12:00pm. See you then!

*Cost for luncheons with entertainment: Members: \$15 and Non-members \$20



Iced Tea Day, Monday, June 15, 2026

It's National Iced Tea Day! We'll enjoy lunch from Jimmy Johns and of course.... drink some different delicious flavored iced teas! Also, listen to our very own Master Gardner, Brenda, about how to create a flower planter.



4th of July Celebration, Monday, July 13, 2026

Let's celebrate 4th of July with a good old fashioned picnic with fried chicken and sides. An ice cream bar will be sure to cool us off on a hot day! To celebrate our nation's 250th birthday, we'll get to listen to, and learn from, a respected veteran from Palatine's American Legion.



National Non-Profit Day, Monday, August 17, 2026

We'll learn about a few nonprofit organizations right here in our community, and the difference they're making. We'll also enjoy lunch from Gerry's Café, a nonprofit community café that provides employment opportunities to adults with developmental disabilities.



Happy Grandparent's Day! Monday, September 14, 2026

Let's celebrate Grandparents Day by bringing in a photo of you with your grandkids or you with your grandparents. Bring in a family recipe, from your grandmother perhaps? We'll enjoy lunch from a local family restaurant, and enjoy music entertainment through the years by Mike & Tracy. *



**Please
remember to
call to
register!**



MEMBERSHIP RENEWAL

We are excited to announce we have over 300 members since we started our 2026 - 2027 membership March 1, 2026.

Starting in July...you can pay just \$5 a month through the end of the fiscal year February 2027 to be a member.

This means if you join in July you will pay \$5 a month x 8 months = \$40 for the rest of the year, etc.

Thank you for being a part of PTSCC. We are happy to have you with us on your journey!

NEW! INFORMATIONAL & INTERESTING SESSIONS

Join us for 3 informational and interesting sessions!
Wednesdays at 10:30am, refreshments will be served.

July 15 - "Let's enjoy some Honey" from Papa P's Honey

August 19 - Trust and Wills, Jackie Luthringshausen from Lavelle Law

September 23 - Medicare Part D, Nancy Frenk, Director of Social Services from PTSCC

Please call to register 847-991-1112

TRANSPORTATION NEEDS

Do you need transportation to and from the center?

Monday - Friday 8:00am - 4:00pm

Disabled or senior (60+) / Call 2-14 days in advance

Palatine Township or destinations up to 15 miles outside of township and scheduled trips to various shopping centers.

There are now 2 ways to schedule a pick up through the Township!

1. Contact the Palatine Township 847-358-6907, \$2 a ride

OR

2. NEW! Palatine Township now offers a self-service portal, which allows residents to book, track or cancel transportation services for medical or personal appointments.

HOW?

Activation: Users must contact the Palatine Township transportation office at 847-358-6907 to activate their self-service tool the first time.

Self-Service Portal: Once activated by the Transportation department, access the portal below to manage trip.

www.palatinetownship.ecolane.com/selfservice

Reservations: Must be made a minimum of 3 working days in advance.

Operating Hours: Service operated with a 20-30 minute pickup window, requiring riders to be ready.

Text Messages: Receive text messages to let you know when the driver is coming.



WELLNESS



Blood Pressure Reading, 11:30am-12:30pm

Visit Rose, a nurse from Endeavor Health (formerly Northwest Community Hospital), to get your blood pressure taken and "Ask the Nurse" any health questions.
Mondays: July 6, August 3, September 7, October 5



Dr. Dan Parise, 12:45pm-4:00pm

Our podiatrist, Dr. Dan Parise, will be here at the Center every other month. New patient registration forms and proof of insurance are required before scheduling an appointment.
Tuesdays: July 21, September 22

LIFELONG LEARNING



AARP Driving Class (2 days) 4 hours each day

Each class size is limited to the first 18 students who register.

Dates: Monday, August 24 and Tuesday, August 25, 12:30pm - 4:30pm

Check our website or call for updates.

Price: \$20 AARP members / \$25 Non-members*

**If you have an AARP United Health Care Supplement Plan, please bring your insurance card with you on Monday, and there will be no charge for class. The insurance card and person taking the class must be the same.*

HOME DELIVERED MEALS PROGRAM

Are you having a hard time getting out?
Would having a nutritious meal delivered to you daily be helpful?
Please call Daryl at x 227 to get more details and see if you might qualify for our Home Delivered Meals program.



VOLUNTEER OPPORTUNITY!

If you're interested in driving meals to clients please reach out to Lauren at x233 or lmilani@ptsc.org



THANK YOU BJWC!



Barrington Junior
Women's Club

**Thank you to the Barrington Junior Women's Club &
All Saints Ministry
for a 2026 grant allocation!**

We appreciate what you do for the community!

THANK YOU ROTARY



Club of Palatine

Thank you to the Rotary Club of Palatine for the beautiful bench at our main entrance. In May, the bench was dedicated in honor of Paul McKown by the Rotary, along with his family. Paul was a devoted Rotarian, educator, painter, family man and friend. We are proud to have it here where it will be enjoyed by so many people for years to come.



VOLUNTEER RECOGNITION



2026 Volunteer Recognition

Thank you for all you do for the community and PTSCC.
We appreciate you attending the Thank You Event on Friday, June 12th.
Please continue your kind work.

PALATINE PARK DISTRICT



A big THANK YOU to the Park District for the landscaping and flowers they recently planted in the front of the center.

It all looks beautiful!



We are excited to be a sponsor of the Palatine Park District's Sounds of Summer concert series. The complete summer includes Main Stage Concerts on Friday Nights, Family picnic series on Tuesdays at noon, Palatine Concert Band Shows, and Outdoor Movie Night all at the Fred Hall Amphitheater! All performances are free, so pack a picnic, pull up a lawn chair, and enjoy your summer music experience.



YEARLONG RAFFLE WINNERS

March 2026

\$100 Mary Illg
\$50 Patricia Carmody
\$25 Lynn Griesmeyer

April 2026

\$100 Patricia Carmody
\$50 Gail Ameer
\$25 Ellen Rose

May 2026

\$100 Diane Fronko
\$50 Sally Jaynes
\$25 Bernie Hildebrandt

Congratulations!



THANK YOU TO OUR CORPORATE MEMBERS

PLATINUM



800 W Central Rd., Arlington Heights 60005
847-618-1000 www.nch.org



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SILVER



**Palatine Township
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Council**

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Serving the 50+ community since 1973



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Thank you to our
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and Sponsors for your
ongoing support of our
programs and services.



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www.friendshipvillage.org



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847-438-6100
www.pathwaysl.com



920 E. Northwest Hwy, Palatine
847-530-6140
www.grandtwinlakes.com



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224-653-8395
www.homewatchcaregivers.com



10 N. Martingale Rd, Ste 400, Schg
847-807-8070
www.homewellcares.com



1933 N Meacham Rd, Schmbg
847-705-9960
www.lavellelaw.com



224-312-3003
www.LifewayMobility.com



800 W Oakton St., Arlington Hts.,
224-312-3003
www.lutheranlifecommunities.org



2223 W Algonquin Rd, RM
708-883-4975
www.oakstreethealth.com



228 Florence St, Crystal Lake
815-479-0312
www.visitingangels.com



515 W. Rand Rd., Arlington Hts
224-248-8916
www.koelschseniorcommunities.com

Thank you to all of our Corporate Members and Sponsors this past year. It is with your support and partnership that we're able to provide so many of our valuable programs and services.
We look forward to an excellent New Year in 2026!

PTSCC receives allocations through grant writing proposals to the following agencies:

Age Options

Palatine Township

Palatine Park District

Village of Palatine



NOTE: Please refer to the front page regarding credit card processing fees for all credit card transactions.

OVERNIGHT & DAY TRIP INFORMATION

As we continue into 2026, we will keep creating new and exciting trips for you to enjoy. Our goal is to continue to keep everyone safe, so please see the guidelines for each trip.

We ask that you sign an emergency waiver & provide contact information.

- Please check in at Door #2 when attending a trip leaving from PTSCC.
- We frequently co-op with the Dundee Senior Center on programs. In order to better manage our trips, if you register at PTSCC and want to take the bus from Dundee, you must also be a member there & vice versa. This arrangement will help us provide the best possible service. Thank you for your cooperation and understanding.
- **Cancellation Policy:** Once we have made initial and final payments for any trip (transportation, tickets, meals), we cannot refund your money. Any cancellation could be subject to a \$25 Administration Fee. We apologize for any inconvenience.
- **Basic Trip & Center Guidelines:** There is a set of guidelines outlining the Code of Conduct for each Center Activity & Trip. These guidelines are also posted on many Center bulletin boards and are part of the PTSCC Membership Booklet. The Code of Conduct was established so everyone can enjoy the activities. Thank you for participating and being respectful of yourself, others in the group, and the space around you.
- **Participation Criteria (Center Activities and Trips):** Those participating in Senior Center programs must be able to address their own personal needs. Those with special needs are welcome to participate, but must be accompanied by someone qualified to assist them.

PLEASE NOTE: PTSCC has been offering overnight trips for over 16 years. We welcome people to participate in the trip program with the understanding that these overnight trips are designed for a group. As an individual your responsibility is to come prepared & healthy. There is an emergency procedure waiver for each participant to sign and acknowledge their own responsibility on the trip & if you become ill or have an incident you will have the tools to care for yourself, as the trip with the group continues. If you have any questions or concerns please call Diane at 847.991.1112 x235

TRIP REGISTRATION

- **MEMBERS** may register in person starting at 10:00am Wednesday, June 24 or by phone at 12:00pm the same day for Trips listed in this Happenings edition, July – September, 2026.
- Pay by credit card, cash, or check at the time of registration.
- **NON-MEMBERS** may register by phone or in person for trips starting at 9:00am Friday, June 26.



A note from Barb.....

Travel is better when shared. The destination is memorable, but the people you travel with make it unforgettable. We're glad to share your travels!

- Barb



DAY TRIPS

The day trips on Page 10 will have the PALATINE TOWNSHIP SENIOR CENTER as the ONLY pick up and drop off location. All are welcome to participate.



Chicago Botanic Garden (PTSCC)

Date: Wednesday, July 8, 2026

Deadline: Friday, June 26, 2026

Cost: \$10 M / \$15 NM

9:30am – 3pm

Lots of Walking

Join us for a trip to the Chicago Botanic Gardens. We will be using a school bus for transportation, everyone will receive a snack & bottle of water. We will be checking on possible trolley rides. You can purchase lunch on your own at the Gardens.



Galena & Eagle Ridge (PTSCC)

Date: Thursday, July 16, 2026

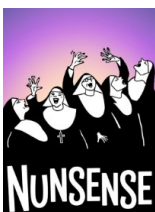
Deadline: Friday, June 26, 2026

Cost: \$65 M / \$73 NM

9am – 9pm

Lots of Walking

We will be heading to Galena for people to golf at Eagle Ridge and then others will continue on to enjoy downtown Galena. You can shop, tour and have lunch on your own. Later in the afternoon about 4:30 we will pick up the group from Downtown Galena and head back to Eagle Ridge for a relaxing evening of food & beverages on your own, departing about 6:30 to head home. On the ride to Galena we will have water, juice & muffins. **If you are interested in getting more information about the golf option at Eagle Ridge, please email Diane at dlancour@ptsc.org by June 24th.**



Nunsense, Drury Lane Theatre, Oak Brook, IL (PTSCC)

Date: Wednesday, July 22, 2026

Deadline: Friday, June 26, 2026

Cost: \$115 M / \$123 NM

11am – 4:30pm

Light Walking

Get ready to laugh the summer away with the nuns from the Little Sisters of Hoboken. This beloved revue will have you in stitches as the five sisters stage a variety show fundraiser filled with outrageous musical numbers and zany comedy. Included in this trip is a tasty lounge Happy Hour package which includes: An Artisanal Charcuterie Board (breads, cheeses, meats & jelly) then a variety of appetizers (beef sliders, fried ravioli, smoked chicken quesadillas and homemade brownies and cookies) includes coffee & hot tea. Get your own adult beverage and enjoy some pre theatre social happy time. The show starts at 1:30, join us for a fun afternoon with friends and tasty food.



Cantigny Park (PTSCC)

Date: Wednesday, September 2, 2026

Deadline: Friday, August 7, 2026

Cost: \$45 M / \$53 NM

9:30am – 3pm

Lots of Walking

Enjoy a day outdoors at this gorgeous park in Wheaton. The grounds are covered in flowers, with a walk near the fountain and other interesting areas. You can experience history by visiting the First Division Museum. We will share snacks on the way on the bus. Lunch on your own at their restaurant or bring a sandwich.

DAY TRIPS

The day trips on Page 11 and 12 will have the Palatine Township Senior Center AND DUNDEE as the pick up and drop off locations. All are welcome to participate.

**Jazz at the Shedd – Chicago****Date Wednesday, July 29, 2026****Deadline: Friday, June 26, 2026****Cost: \$82 M / \$90 NM****4:30pm – 11:30pm****Lots of walking**

Join us where music and nature blend together to create a fun filled evening. We will round off the evening by observing the fireworks over lake Michigan. Dinner will be on your own, prices range from \$12 - \$30 pp. Join us for this unique experience, lift your soul with music and fill your heart with warmth from the animals you will encounter. **(with Dundee)**

**Knock your “Sox” Off Pope Tour—Various locations****Date: Monday, August 3, 2026****Deadline: Wednesday, July 1, 2026****Cost: \$110 M / \$118 NM****9am – 3pm****Lots to moderate Walking**

On May 8, 2025, white smoke rose from the Sistine Chapel in Vatican City, signaling the end of the papal conclave and the election of Robert Prevost as Pope Leo XIV. His election marked a historic moment as he became the first pope from North America, the first from the United States, and the first from Chicago, symbolizing hope and continuity within the Catholic Church. The guided bus tour highlights key Chicago sites connected to Pope Leo XIV's life - where he was born, lived, studied, served, and taught while also sharing stories of the city's Catholic history. Participants also gain access to a special web page featuring historical photos and articles to enhance the experience. Lunch will be at Aurelio's pizza. **(with Dundee)**

**Pilsen Neighborhood Tour (Chicago)****Date: Tuesday, August 18, 2026****Deadline: Friday, July 10, 2026****Cost: \$130 M / \$138 NM****8:45am – 4pm****Lots to moderate Walking**

Explore Chicago's Pilsen neighborhood on a guided tour featuring vibrant murals and rich Mexican American culture. Visit the National Museum of Mexican Art, where world class exhibitions celebrate Mexican art, history, and identity. Wrap up with a delicious visit to a traditional Mexican bakery, savoring sweet pan dulce fresh from the oven and one item to take with you. Lunch is included in this tour. **(with Dundee)**

**Mean Girls, Paramount Theatre Aurora****Date: Wednesday, September 30, 2026****Deadline: Friday, July 24, 2026****Cost: \$105 M / \$113 NM****9:30am – 6pm****Light Walking**

Mean Girls is a funny and heartfelt show about Cady Heron, a smart new student who moves from Africa to an Illinois high school. She quickly gets pulled into the world of “The Plastics,” a popular and controlling group led by Regina George. As Cady tries to fit in, she learns how tricky and sometimes harmful popularity can be. Filled with humor, catchy songs, and a strong message about friendship and identity, the story shows how drama and revenge can spiral out of control—but also how people can grow and change. Buffet lunch will be at the Paramount Theatre, lunch choices. **(with Dundee)**

**Come From Away, Fireside Theatre, WI****Date: Friday, October 2, 2026****Deadline: Friday, August 28, 2026****Cost: \$142 M / \$150 NM****8:30am – 6:30pm****Light Walking**

Come From Away is a Tony Award-winning musical based on true events after September 11, 2001, when the town of Gander, Newfoundland welcomed 7,000 stranded airline passengers. Despite cultural differences, the community offered generosity, music, and friendship, creating a joyful story of compassion, unity, and lasting human connection. Meal choices are chicken piccata, pork tenderloin, halibut, or vegetarian penne alfredo. **(with Dundee)**



Taste of WI

Date: Tuesday, October. 13, 2026

Deadline: Friday, September 11, 2026

Cost: \$55 M / \$63 NM

9am – 4pm

Moderate Walking

Join us for a fun day of eating and seeing some fall colors with friends. We will be making 3 stops for you to try out a variety of foods. First stop Apple Holler, second stop Mars Cheese Castle, final stop Brat Stop Shop. You will have about 1-1.5 hours at each stop. You can purchase your own lunch at any of the stops. **(with Dundee)**



Pullman Neighborhood Tour - Various Locations - Chicago

Date: Friday. October 23, 2026

Deadline: Wednesday, September 9, 2026

Cost: \$142 M / \$150 NM

9am – 5:30pm

Lots of Walking & stairs

Step into Chicago's Pullman District on a guided tour that explores the birthplace of the modern labor movement and the legacy of the Pullman Company. Walk through a beautifully preserved historic neighborhood and learn how its planned community shaped industrial life in America. The tour includes highlights of the Pullman National Historic park and stories of the workers whose fight for rights changed U.S. history. Lunch which is included with the tour will be at Harborside International Golf Center. **This tour is completely a walking tour therefore, there is lots of walking, there are stairs and it is steady paced. (with Dundee)**

2026 OVERNIGHT TRIPS

PTSCC strongly suggest you take the Travel Insurance offered by Diamond Tours because as stated in the Trip information page – once PTSCC makes the final payments for the trips, “we cannot refund your money”.

And for other trips PTSCC has a list of 4 travel insurance companies and we strongly recommend getting additional insurance for those trips as well.

Possible Winter overnight December 1-3, 2026 to enjoy holiday lights & celebrations with friends.
Location: Near Kalamazoo, MI

Keep a look out on the website www.ptsc.org for a final decision and details. You will be able to register sometime in August, so keep a watch for the information.

What to look forward to in 2027

Diamond Tour Trips: Sometime in June Virginia Beach, Colonial Williamsburg & Historic Norfolk (7 days); Sometime in August or September New Hampshire & the White Mountains (9 days)

Shorter overnight possibilities: Door county, Girlfriends overnight (Galena or Elkhart Lake, WI),

2027 Bucket List Trips:

There will be a presentation Monday August 24 at 10:30am on each trip. Keith will be here with more pictures and details. I hope you can join us.

International Trips with Premier World Discovery: Price includes air & land, pick up at PTSCC. Deposits can be made at PTSCC via check or CC using the Premier registration form. Final payments will be given directly to Premier.

1. Great Trains & Grand Canyons April 11 – (6 days) \$3949
2. Alaska Cruise tour June 24 – (12 days)
Rates vary according to location on the ship from \$5899 to \$7799 pp double occupancy
3. French Riviera Explorer October 27 – (9 days) \$4524



SOCIAL SERVICES



Nancy Frenk
Director of
Social Services

A Note from Nancy

We can help you apply for assistance programs that may help with utility expenses, grocery costs, license plate sticker discounts, and more. The Social Services team is happy to assist you with your needs such as providing information and resources, caregiver support, Medicare counseling, referrals, and benefits eligibility screening. *Please note, we meet by appointment only.*



PTSCC Social Services Staff

Peg Schuetz, MA, Social Service Representative
Robin Raef, Social Services Representative
Nancy Frenk, MA, Director of Social Services
Diane McFadden, MSW, ADS Coordinator
Sasha Baru, Social Services, Eastern European Liaison
Guiselle Vega, Social Services, Latino Liaison

**Call to schedule your appointment with any of the Social Services staff at 847-991-1112.
We look forward to serving you!**

SOCIAL SERVICES - Latino



Guiselle Vega
Latino Social
Services
Representative

Tercera Edad De Palatine

Se provee información y asistencia sobre los siguientes programas:

Medicare, Medicaid, SNAP (estampillas de comida), MSP (Programas de ahorro de Medicaid)
Extra Help (ayuda para medicamentos recetados)
LiHeap asistencia de ayuda para energia y gas.
BAA (descuento para placas de carro y el pase para el transporte público)
Por favor de hacer una **cita** para obtener más información sobre los programas al
847-991-1112 x 224.

¡Acompáñanos a nuestros Miércoles Latino!

¡Los invitamos el primer y tercer Miercoles de cada mes de 10:30am - 12:3pm, a participar en diferentes actividades! Actividades incluyen: Bingo, Lotería, Música, Y mucho más!
¡Para más información, por favor comuniquese con Guiselle al (847) 991-1112 x224

SOCIAL SERVICES - Eastern European



Sasha Baru
Eastern
European
Social Services
Representative

ИНФОРМАЦИЯ ДЛЯ НАШИХ КЛИЕНТОВ !

**МЫ ГОВОРИМ НА ВАШЕМ ЯЗЫКЕ- РУССКИЙ, УКРАИНСКИЙ, ПОНИМАЕМ ПО
ПОЛЬСКИЙ.**

**В НАШЕМ ЦЕНТРЕ ПРЕДОСТАВЛЯЕТСЯ ПОМОЩЬ В ПОЛУЧЕНИИ ИНФОРМАЦИИ
О СОЦИАЛЬНЫХ И ДРУГИХ ПРОГРАММАХ ДЛЯ ПОЖИЛЫХ, В ОФОРМЛЕНИИ
ПОМОЩИ МЕДИКАР.**

ПОЖАЛУЙСТА ЗВОНИТЕ САСЕ ЧТОБЫ ЗАПИСАТЬСЯ НА ПРИЕМ

847-991-1112 X 225



Our Social Service Department can assist with:

- Applications for senior entitlement programs
- Referrals to community agencies & service & housing providers
- SHIP (Senior Health Insurance Program)
- Prescription Drug Insurance Counseling
- Caregiver Resources & Support
- Benefits Access applications
- Energy Assistance
- Supportive Counseling
- Adult Day Services

"Medicare Basics and You" Presentation through the Palatine Library

Join us via Zoom to learn more about "Medicare Basics" presented by Robin Raef, a Social Services Representative from the Palatine Township Senior Center. Gather information about all the parts of Medicare on Monday, August 17, 2026 from 7:00pm-8:30pm. Register with the Palatine Public Library at <https://www.palatinelibrary.org> or call 847-907-3600.

Medicare Part D Presentations:

Wednesday, September 23, 10:30am in the PTSCC Dining Room OR

Tuesday, September 29 7:00pm-8:30pm Zoom with Palatine Library

Join us for an informative session on the upcoming Medicare Open Enrollment period.

Nancy Frenk, MA, Director of Social Services, PTSCC, will show us the resources available to compare Medicare Drug plans and how we can possibly save money by enrolling in a lower priced plan. This presentation is geared to those who are already enrolled in Medicare and would like to use the Open Enrollment period (October 15 through December 7), to join, drop or change their current Medicare Part D drug plan to better meet their needs.

LIHEAP (Low Income Home Energy Assistance Program)

We are accepting applications for the LIHEAP Program. This program assists with gas and electric costs. LIHEAP will provide a one-time benefit to eligible households to be used for energy bills. The amount of payment is determined by income, household size, fuel type, and geographic locations. You will need to provide proof of income for all the household members, as well as your most current gas and electric bills and social security cards if you are a first-time applicant. The program will end in August or until funds are depleted

1 person household limit \$3332.00/month / 2 person household limit \$4357.00/month

New to Medicare? We can help.

Our Social Services staff and SHIP volunteers are knowledgeable and helpful when it comes to all of your Medicare questions. We can assist you with enrollment, supplements, Part D, Advantage Plan questions, Prescription drug assistance, Medicare Savings Programs, Medicare & Medicaid Alignment Initiative & more. This service is available to people of all ages with Medicare. We are not affiliated with any insurance companies, we do not sell or solicit any type of insurance, and are trained by the Illinois Department on Aging.

This service is offered **FREE** to people with Medicare and their caregivers.

Supplement Nutrition Assistance Program (SNAP)

Do you qualify for assistance that pays for groceries?

The SNAP program provides a monthly benefit that can be used to supplement your food budget. This benefit can allow you to have more money to use towards medical, housing, or prescription costs. Our Social Services staff can assist you with the application for this program through the Department of Human Services. For those 60 and older or who are disabled, the income guidelines are:

\$2608.00/month for a single person / \$3525.00/month for a 2 person household

Benefits Access Program Application Assistance

This program provides a license plate sticker discount as well as a Senior Ride Free Pass for Pace and Metra to those that qualify. Annual income eligibility guidelines for this program are:

1 person household - \$33,562 / 2 person household - \$44,533

This program provides benefits for 2 years and approval can take up to 12 weeks.

Your sticker will cost only **\$10**. You will need 2025 tax returns.

Call Social Services to set up an appointment to apply for any of the above programs. 847-991-1112



ADULT DAY SERVICES



Diane McFadden
ADS Coordinator

CARING HEARTS ADULT DAY SERVICES

The Caring Hearts Adult Day Program, in operation since 1991, is an interactive small group for older adults with mild-to-moderate Alzheimer's disease or dementia. If you are caring for someone with dementia, your loved one may benefit. Group members maintain their independence and stay active by making new friends, socializing, and participating in a variety of fun activities.

Activities stimulate the participants mentally, physically and socially. Your loved one will be involved in structured, supervised and engaging activities, while you get a respite from your caregiving responsibilities.



The program is open to residents from all communities. Transportation is available to Palatine Township residents through the Palatine Township Transportation services.

Available Mondays, Tuesdays & Wednesdays,
11am – 3pm. For more information or to arrange a tour,
call Nancy Frenk at 847.991.1112 x222.

SAMPLE OF ADULT DAY ACTIVITIES:

- Pet & Music Therapy
- This Day in History
- Brain Teasers
- Chair Exercise
- Billiards
- Arts and Crafts
- Drum Circles
- Map games
- Word Games
- Multicultural activities

CAREGIVER SUPPORT GROUP

Are you feeling stressed or overwhelmed due to your role as a caregiver? Being able to talk to others who are experiencing similar challenges of caregiving can be beneficial in relieving some of the frustration and discouragement that often comes with the added responsibility of caring for a loved one. *Facilitated by experienced staff, our monthly support group offers a safe space where caregivers can:*

- Exchange experiences & ideas for reducing caregiver stress
- Learn about helpful community resources
- Enjoy emotional support from other caregivers

Our support group meets the 2nd Wednesday of every month 11:00am – 12:00pm.
Call Diane McFadden for more information at 847.991.1112 x 226

PARTNERSHIP WITH THE KENNETH YOUNG CENTER

The Palatine Township Senior Center is partnering with the Kenneth Young Center to host 2 beneficial programs here at the Senior Center to support those with memory loss and their caregivers.

SUPPORTIVE COUNSELING FOR CAREGIVERS

Free supportive counseling services are available to caregivers caring for an older adult loved one.

Manage difficult emotions, making difficult decisions, navigating community resources.

Call Kenneth Young to make an appointment.

847-524-8800 x124.

Offered the 2nd and 4th Wednesday of the month.
12:30pm – 3:00pm

CAREGIVER SUPPORT GROUP

Meet other caregivers, receive support, support others, and feel rejuvenated and empowered in your caregiving role.

Ask questions, connect, vent, and learn coping strategies. No registration is required.

Call Kenneth Young Center at
847-524-8800 x124 to learn more.

Offered the 4th Wednesday of each month
11:00am—12:30pm



Let the good times ROLL!



Thank you to everyone who joined us for a fun-filled night of Bunco to support the Senior Center!
We had a great night!

Thank you to our Sponsors

True Bunco



Endeavor Health..

Carol L. Dennis Reagan

High Bunco



Low Bunco

Connect Pros

Frank & Maureen De Rosa
Hampton Inn & Suites, Deer Park
Senior Living Experts



Charitable gifts

We truly appreciate your monetary support here at PTSCC. We realize you have many options for donating your funds and we are truly grateful that you would pick the place you enjoy & share with friends, thank you. Because of your donation we are able to offer you outstanding programs, events & services. We continue to offer our participants daily activities, interesting outdoor events and **FREE** services to help people find benefits to save on their energy bill, food bill, license plate sticker & more. The cost for PTSCC to offer this **Free** service is \$136 pp per hour of time by a Social Service Staff person. We believe these services that are available are critical for individuals to feel less stress about Finances. So, having a staff member ready and available to guide people into those benefits is vital. One other way you can support PTSCC is by sharing us with family and friends, bring them to an event, luncheon or activity. The best advertisement is word of mouth and having someone join you with by participating in what you love to do, join us.

As a private non profit, we rely on your generous contribution and support, to help off set the cost of this vital service. You can also donate to the Endowment Fund. This contribution will help build the endowment base to secure investments for the future of PTSCC. We appreciate your support and look forward to the future. For questions on how to financially contribute you can contact Diane Lancour at 847.991.1112 x235 or dlancour@ptscc.org. Thank you for your consideration and support. You help us make a difference in the lives of so many adults - thank you.





Mah Jongg Tournament

Friday, July 31, 2026
10:30am - 3:30pm

*Mah Jongg * Lunch and snacks * Raffles * Prize Winners*

Palatine Township Senior Center

12 games of Mah Jongg, lunch, snacks, raffles, prizes

Registration forms available in the office and on our website, \$50

ALMOST SOLD OUT!

SAVE THE DATE!



Swingin' for Seniors!

Twin Lakes Golf Course, Palatine

Thursday, September 24

4:00pm - 8:00pm

4:00pm - 6:00pm, GOLF: 9 holes, shotgun start
6:00pm - 8:00pm, AFTER PARTY: Raffles, food, drink,
prizes (cash bar)

\$75 Golf and After Party, \$30 After Party only.

Start getting your foursome together! All ages welcome!

Non-golfers welcome to the After Party.

Registration will begin in August at www.ptsgc.org

Sponsorships available



Benefitting the Palatine Township Senior Center



REMINDERS

Need a ride to PTSCC?

Contact the Palatine Township Transportation at 847-358-6907.

Would you like to volunteer?

We can find a great fit for you within the center!

Don't miss out!

Please provide us your email if you haven't already! Receive up-to-date information and dates!

Memberships available!

Purchase now and take advantage of all the member benefits!

Wish List:

-Large Baskets and Wired Ribbon
-Flatbed Hand cart
-Power Tools (contact Russ)

GIFT SHOP

Come visit us in our space in the lower level outside of the Multipurpose Room!

We are accepting donations of new and gently used items!

- ♦ Household décor such as frames, small dishes, glassware
- ♦ Women's accessories such as purses, wallets, jewelry
- ♦ Seasonal items



If we're not open when you're here, please come find Kate or Lauren to open the gift shop for you, we'd love for you to check out all the great treasures!



HAPPY SUMMER!



The staff wishes everyone a safe and fun summer full of good times with friends and family!



PTSCC STAFF

Diane Lancour - Executive Director x235
Amy Hoffman - Business Manager x244
Kate Johnson - Development Associate x234
Nancy Klintworth - Administrative Assistant x221
Nancy Frenk - Director of Social Services x222
Peg Schuetz - Social Service Representative x230
Diane McFadden - Adult Day Coordinator x226
Sasha Baru - Eastern-European Liaison x225

Robin Raef - Social Service Representative x223
Guiselle Vega - Latino Social Services Liaison x224
Muriel Freitas - Food Service Aide
Vinnie Scardina - Food Service Aide
Russ Freitas - Facility Coordinator x243
Lionel Bilezikian - Facility Assistant
Barb Vitner - Trip Coordinator x244
Lauren Milani - Event & Programming Asst. X233
Daryl Torina - Café Manager x227

PTSCC BOARD OF DIRECTORS & BOARD

Bob Haas - Board Chair, Retired Inverness Police Dept.
Marla Shapiro - Gillen - Vice Chair, Retired BMO Bank and Trust
Larry Sophian - Treasurer, Retired Accountant
Colleen Palmer - Secretary, Palatine Park District
Frank De Rosa - Community Volunteer
Skip Gaare - Community Volunteer
Mandy Klezek - Community Volunteer
Jackie Luthringshausen - Lavelle Law
Gail Niksic - Community Volunteer
Liz Starman - Addolorata Villa Franciscan Communities
Bob Szyska - Community Volunteer
Gayle Young - Endeavor Health

Members are encouraged to mail, email, or drop off any comments or suggestions for the Board prior to the meeting:

Thursday, June 23 5:30 Zoom

Tuesday, July 21 5:30pm Zoom

Tuesday, August 25 5:30pm Zoom

Tuesday, September 22 5:30pm Zoom

Board Meetings are subject to change.

Please call the Main Office at 847-991-1112 to confirm days & times and receive the Zoom link.



About 40 people attended the Annual Meeting this year. They were introduced to the staff and the new 2026-2027 Board.

Thank you and Congratulations to the 2026 Board of Directors!



**Palatine Township
Senior Citizens
Council**

**505 S Quentin Rd.
Palatine, IL 60067**

Non-Profit Org.
U.S. Postage
PAID
Palatine, IL 60095
Permit No. 2808



847-991-1112

CURRENT RESIDENT



www.ptsccl.org

TO:



info@ptsccl.org



@palatinetwpsrctr

Accredited by
National Institute of
Senior Centers



If the weather is questionable, please call the Main Office to be sure your activity and/or the center is still open and operational. If District 15 or Harper College is closed for inclement weather, PTSCC will be closed for activities.

We will be closed:
Friday, June 19, 2026
Friday, July 3, 2026
Monday, September 7, 2026

VOLUNTEERS NEEDED!



**We are currently seeking
several volunteers for
different positions.
Thank you for your
consideration!**

**Call the Main Office for
more details:
847-991-1112 x224**

**HOME DELIVERED MEALS DRIVERS—Deliver nutritious hot mid-day meals to
the homebound older adults; 1-3 mornings a week approximately 2 hours**

OFFICE—Answer phones, light clerical duties; 1 morning a week, 3-4 hour shift

GIFT SHOP—Volunteer in our gift shop: 1 morning a week, 1 hour shift

**BOARD OF DIRECTORS—Provide needed expertise to govern PTSCC and
assist with fundraising: 1 monthly meeting, approximately 2 hours a month**

LEAD VOLUNTEERS FOR ACTIVITIES—Lead regularly scheduled activities.